

# Select - 1 Star Basket

## LIFESTYLE BENEFITS

### HEALTH & WELLNESS

**Mangwanani** 10% discount off standard packages and products: **Healthspas.co.za** 10% discount off HealthSpas.co.za vouchers: **Camelot Spa** 8% discount off selected facials and massages: **Vital Health Foods** Health is security. Good health is Vital. Members have access to Vital Club Member prices: **Allen Carr's Easyway to Stop Smoking** 15% discount on the cost of the programme: **Run/Walk for Life** R350 off the price of a new annual membership, or a pair of New Balance running shoes: **Shapes for Women** No joining fee payable (normally R500), member receives a free healthy eating plan booklet on joining: **Contours Express** No joining fee payable (normally R600). Members receive a free healthy eating plan booklet on joining. Monthly subscription is R250 per month on an annual contract. If the branch is charging less than R250, the cheaper rate will apply: **First Aid Kits** Discounts available on various first aid kits - Car kits, Home and away kits, Executive car kits, Business metal box, Business plastic wall box: **Disability Aids** Receive 10% discount off all disability aids: **Eat for Life** Pay for three months and get the fourth month free: **Health&WellnessBooks** Members receive a 10% discount on all your book orders:

### LEISURE & ENTERTAINMENT

**Movie Tickets** 20% discount on movie tickets at Classic cinemas: **CDs and DVDs** 15% discount on CDs and DVDs when spending R150 or more: **Magazines** Up to 35% discount on annual subscriptions: **Newspapers** Up to 35% discount off annual subscriptions: **Netflorist** 10% discount on all purchases: **Pulp Books** 10% discount on all books: **SA Golfing** 12% discount on Golf Subscriptions: **Golfclub** R50 discount on Golf membership in 2<sup>nd</sup> year. And receive 10% discount at GolfersClub retail store: **eWine** 10% discount on all purchases: **Petsure** 10% discount on regular monthly premiums, free pet detective lost and found tag and a 12 month no claim bonus on all Petsure products: **Crystal Brook** 25% discount on DVDs.

### CONNECT

**Pre-Paid Airtime** Up to 10% discount: **Pre-Paid Calling Cards** Up to 10% discount on WorldCall (R50, R100 and R200) and RealTalk (R25, R50 and R100) prepaid calling cards: **Pre-Paid Electricity** 2% discount from a minimum order of R10 or more: **Pre-Paid SMS Bundles** Up to 10% discount, on Cell C (R39) and Vodacom (R49): **Hewlett Packard Shop** Discounted rates: **Cellphone Contracts & Handsets** Specials and promotions available: **Shop and Ship** Up to 10% discount off all the latest and greatest products: **International Roaming** Advisory service: **Connect Books** 10% discount on all your book orders: **Restaurant Service** For your convenience we offer a reservation service nationwide. Members can now find help by making their restaurant reservations with our booking services.

## EDUCATION

**Boston City Campus & Business College** 10% discount: **PC Training & Business College** 15% discount: **LEAP** 20% discount: **Blazing Moon** 10% discount: **Education Books** Members receive 10% discount on all your book orders

## TRAVEL

**Accommodation** Up to 35% discount: **Flights** Up to 15% discount: **Diaz Strand Hotel & Resort** Up to 30% discount: **Don Suite Hotels** Up to 20% discount: **City Lodge Group** 10% discount: **BIDVest Premier Lounges** Members pay only R100.80 for domestic flights (save R49.20) and R201.60 for international flights (save R48.40): **Orion Hotel & Resorts** Up to 20% discount: **Peermont Hotels Casinos Resorts** Discounted rates apply: **Southern Spoor Marketing** Up to 20% discount: **Home from Home** Up to 20% discount: **Car Hire** Up to 20% discount: **Absolute Skiing** 10% discount on all land arrangements, excluding ski passes, ski schools and ski hire: **Cruises** Up to 15% discount: **Luxury Trains** Up to 10% discount: **JB Train Tours** (since 1975) 10% Discount on all train tours hosted in Southern Africa: **Buses** Up to 15% discount: **American Express Foreign Exchange** 0.5% discount on commission: **Europcar Rental** Up to 20% discount: **Corporate Cabs** 10% discount on a minimum of a R100 or more per trip one way: **EFS (Empire Fleet Solutions)** 5% discounted on car rentals: **Executive Carport** 10% discount: **SA Cabs** 10% discount: **SMH Car Hire** 15% discount: **Thompsons Holidays** Up to 10% discount, exclusive packages available: **Trafalgar Tours** 15% discount: **Insight Vacations** 15% discount: **Contiki Holidays** 15% discount. For more than 40 years, Contiki has been the worldwide leader of holidays for 18-35's: **Babylite** 10% discount on orders over R500: **Netcare Travel Clinics** 30% discount off consultations and occupational health assessments: **Avis – Point to point** Pre-negotiated discounted rates: **Avis - Luxury Cars** Pre-negotiated discounted rates: **Avis - Chauffeur Drive** Pre-negotiated discounted rates: **Travel / Destination Books** Members receive 10% discount on all your book orders:

## TRAUMA AND ASSAULT

**24-hour Emergency Assistance Helpline** In the unfortunate event of a traumatic incident, we will provide the beneficiary with counselling by trained medical professionals. This is a 24-hour emergency assistance helpline that:

- Arranges the nearest local emergency assistance service as well as provides emergency transport to the nearest, most appropriate medical facility
- Offers referrals for psychiatric consultations
- Covers R5 000 per insured person with a maximum of R10 000 per family per occurrence in respect of psychiatric consultations

## LEGAL ASSIST

**24 hour Legal Advice** Assist beneficiaries and their immediate family have on-going access to a 24-hour legal advisory service on any aspect of the law such as criminal law, family law, constitutional law, child law, labour law, motor law, etc

### **30-Minute Free Consultation**

This service involves a free initial 30-minute consultation should any matter require legal action. The beneficiary will then be referred to a lawyer who forms part of our national network for a direct free 30-minute consultation. **Free Standard Legal**

**Documents** If a beneficiary requires a purchase, sale, lease, or prenuptial agreement, employment contracts, etc, we will provide these free at his or her request. The beneficiary will also be advised on the application of each of these documents and the procedures and principles that apply.